

# Women of Faith Resources: August 2018



<http://image40.com/good-bye-july-hello-august/good-bye-july-hello-august-chart/>

## August Quotes

“How wonderful it is that nobody need wait a single moment before starting to improve the world.” ~ Anne Frank

“Someone is sitting in the shade today because someone planted a tree a long time ago.” ~ Warren Buffett

“Memories of our lives, of our works, and our deeds will continue in others”. ~ Rosa Parks

## Featured Day: August 27 – Saint Monica

**Patroness of:** Conversion, mothers, and disappointing children. Some Churches celebrate her on May 4.

**Birth:** Saint Monica, the mother of St. Augustine, was born in Algeria in 331 AD.

**Death:** 387 in Ostia, Italy

**Highlights of Saint Monica’s Life:** Saint Monica’s life as wife and mother was filled with trials. She was abused by her spouse, Patricius, and her son, Augustine, led a wayward life for many years. Monica cried out to God, begging that her son, Augustine, change his ways and be

converted. God answered Monica's pleading prayer. Augustine converted and became a noted theologian, Father of the Church.

## **Lectio Divina: Readings for Reflection and Meditation**

- [Prayers to St. Monica](#) Explore this website for innumerable spiritual treasures.
- Sirach 26: 1-4; 13-16
- Psalm 131
- Luke 7: 11-17

## **Audio Divina: Music Accompanied by Images**

Enjoy the following musical selections from YouTube and let your heart and soul be touched by their messages.

[Song for Saint Monica by Christopher M. Wicks](#) Op. 389. A song for the day of Saint Monica, composed by Christopher M. Wicks, after an original sonnet. Sung by Monica Szabo-Nyeste, mezzo-soprano, with Katherine Hunt, organist, in a concert at St. Mark's Church in Pikesville, Maryland on March 9, 2013.

Here is the text: Saint Monica's grief, in bitterness refined, Around each eye brought forth a stream of tears; Indeed a well-loved son for many years Not heeding her, to God had little mind. Through this blest mother worked Our Lord's design, Meaning to deploy the love that casts out fear: Our Lord brings his conversion exactly here, Not yielding to the sinful heart's coarse rind. In this heart dawned a point of endless light, Carnal sense yielded to spirit's eye, And soon Paul's promised well-begotten sigh Drove out all ills, and welcomed holy might. All Monicas be blessed: O foe, beware, You who oppose a mother's fervent prayer!

[ZINATIRIRIKA:KWAYA KUU ST. MONICAH KITENGELA](#). Published on Jul 6, 2017, an official video from St Monica choir in Kitengela, Kenya. This choir sings and dances as they praise God for all His blessings on them. Experience the joy and rhythm of these Kenyans as you watch this video.

## For Spiritual Reading

For additional articles on St. Monica, see

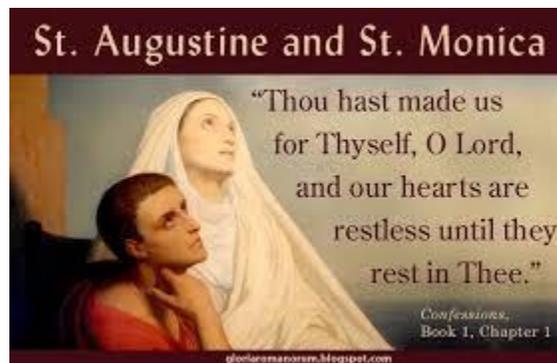
[St. Monica and the Power to Love:](#) St. Monica's prayer and love are what changed St. Augustine

[A Portrait of a Praying Mother:](#) This article is an edited transcript of Susie Hawkins' audio message on Passionate Faith. Appreciation for the transcription work goes to Marilyn Fine.

## Visio Divina: Art for Prayer and Meditation

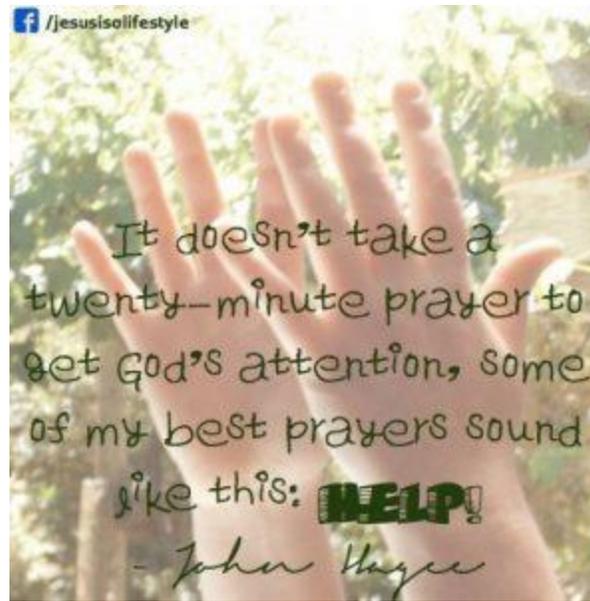
“Visual images are another doorway to sacred awareness. They can touch into our desire to grow in intimacy with God. So, we encourage one another to let ourselves be touched by the colors, shapes, figures and symbols that capture our attention most as we are praying. While gazing at an image ~ a painting, a photo, an icon, a sculpture, a piece of pottery ... something may leap out at us, calling our attention to something of God just waiting to reveal itself to us.”

(Ideas inspired by Christine Valters Paintner and Betsey Beckman in their book, *Awakening the Creative Spirit: Bringing the Arts to Spiritual Direction*. See also [Abbey of the Arts](#).)



<http://jesuscaritasest.blogspot.com/2015/08/catholic-news-world-thurs-august-28.html>

This is a famous quote from St. Augustine's writings. Certainly, he learned this from his mother. Pray with the words of this quote and see where they take your heartfelt reflection.



<https://www.pinterest.com/danny1954/prayer/?lp=true> or look up John Hagee

As you are reflecting on this image, be attentive to the one word you want to cry out to God today.

## Featured Videos and Movies

[Verdaden la Red: How Saint Monica has been an inspiration in my life](#)

[St. Augustine and St. Monica – Persevering Prayer: Salt and Light at the World Meeting of Families](#)

## Featured Websites

[A Mother's Heart Praying for Her Prodigal Son](#)

[The Power in a Mother's Prayers](#)

[Mother's in Prayer for their Sons](#)

[How to Pray for Your Adult Children](#)

*Resources compiled by Sr. Yvette Bellerose, SSA*